

# SAN DIEGO COLON AND RECTAL SURGEONS

Colon & Rectal • Laparoscopic Surgery

9834 Genesee Avenue • Suite 201 • La Jolla, California 92037 • Tel: 858.558.2272 • Fax: 858.558.2285 • www.sdcolonrectal.com

## PATIENT INFORMATION FOR MEDICAL RECORDS (PLEASE PRINT)

Mr. SOCIAL SECURITY # \_\_\_\_\_  
 Mrs. NAME \_\_\_\_\_ DRIVERS LICENSE \_\_\_\_\_  
 Ms. LAST FIRST MIDDLE INITIAL

SEX \_\_\_\_\_ MARITAL STATUS:  MARRIED  SINGLE  DIVORCED  SEPARATED  WIDOWER  MINOR

BIRTHDATE \_\_\_\_\_ AGE \_\_\_\_\_ ETHNICITY \_\_\_\_\_ HOME PHONE \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_ WORK PHONE \_\_\_\_\_  
STREET ADDRESS CITY STATE ZIP

EMPLOYED BY \_\_\_\_\_ CELL PHONE \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

SPOUSE/PARENT \_\_\_\_\_ OCCUPATION \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

SPOUSE/PARENT PHONE # \_\_\_\_\_

PHARMACY \_\_\_\_\_

WHO REFERRED YOU TO THIS OFFICE? \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

WHO IS YOUR PRIMARY PHYSICIAN? \_\_\_\_\_

DO YOU WANT CORRESPONDENCE BY  MAIL  E-MAIL EMAIL ADDRESS: \_\_\_\_\_  
 PATIENT PORTAL

## MEDICAL INSURANCE INFORMATION

NAME OF PRIMARY INSURANCE CO. \_\_\_\_\_

POLICY NUMBER \_\_\_\_\_ SSN: \_\_\_\_\_

POLICY HOLDER'S NAME (if different) \_\_\_\_\_ GROUP # / NAME \_\_\_\_\_

NAME OF SECONDARY INSURANCE CO \_\_\_\_\_

POLICY NUMBER \_\_\_\_\_

POLICY HOLDER'S NAME (if different) \_\_\_\_\_ GROUP # / NAME \_\_\_\_\_

## EMERGENCY CONTACT

NAME OF RESPONSIBLE PARTY \_\_\_\_\_ HOME PHONE \_\_\_\_\_

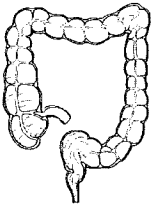
WHAT IS THEIR RELATION TO THE PATIENT \_\_\_\_\_ CELL PHONE \_\_\_\_\_

## PLEASE SIGN AND RETURN TO RECEPTIONIST

I, THE UNDERSIGNED, ASSIGN DIRECTLY TO SAN DIEGO COLON AD RECTAL SURGEONS, INC. ALL SURGICAL AND/OR MEDICAL BENEFITS, IF ANY, OTHERWISE PAYABLE TO ME FOR SERVICES RENDERED. I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE FOR ALL CHARGES WHETHER OR NOT PAID BY INSURANCE. I HEREBY AUTHORIZE THE DOCTOR TO RELEASE ALL INFORMATION NECESSARY TO SECURE PAYMENT OF BENEFITS.

SIGNATURE X \_\_\_\_\_ DATE \_\_\_\_\_

IF PATIENT IS A MINOR, SIGNATURE OF PARENT OR GUARDIAN AUTHORIZING TREATMENT  
 \*NOTE: Please notify us if any of the above information changes during the course of your treatment.



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## HISTORY & PHYSICAL

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Referred by: \_\_\_\_\_

For Doctor's use only

BP	Pulse	Weight	Height

We sincerely appreciate your taking the time to complete the following questions about your personal medical history before seeing the doctor. This information will be of significant importance in providing for your personal health care.

### CHIEF COMPLAINT

List the problems which have led you to seek medical help now, and approximately when each began.

	PROBLEM	DATE OF ONSET
1.		
2.		

### PAST MEDICAL AND SURGICAL HISTORY (Attach separate sheet if necessary)

List chronologically the surgery you have had, indicating the nature of each operation and where and when it was done.

OPERATION	HOSPITAL & CITY	DATE

Have you ever been seriously injured? (If so, give details) \_\_\_\_\_

List all medical problems for which you see or have seen a doctor (most significant first).

MEDICAL PROBLEM	DOCTOR SEEN	DATE

List chronologically all hospitalizations not already mentioned.

REASON FOR HOSPITALIZATION	HOSPITAL & CITY	DATE

Have you ever had any of the following? (If so, give date and details)

- Heart Attack \_\_\_\_\_
- Palpitations \_\_\_\_\_
- Chest Pain (Angina) \_\_\_\_\_
- High Blood Pressure \_\_\_\_\_
- Lung Disease/Pneumonia \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Asthma \_\_\_\_\_
- Intestinal Bleeding \_\_\_\_\_
- AIDS/HIV Infection \_\_\_\_\_

- Cancer \_\_\_\_\_
- Prolonged Bleeding \_\_\_\_\_
- Hepatitis/Jaundice \_\_\_\_\_
- Alcoholism \_\_\_\_\_
- Kidney Disease \_\_\_\_\_
- Stroke \_\_\_\_\_
- Arthritis/Gout \_\_\_\_\_
- Other Illness \_\_\_\_\_
- Nervous Breakdown \_\_\_\_\_

(OVER)

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**CURRENT MEDICATIONS**

List all the medications you are now taking. For each, give the name, the strength of each dose, how often taken, and when you began taking it. This list MUST be detailed, accurate and complete. (Do NOT neglect aspirin and other pain medicines, hormones; contraceptive, water, diet, nerve, sleeping, iron or vitamin pills). Include list of non-prescription medications (ask for additional sheet if needed).

CURRENT MEDICINE	STRENGTH OF DOSE	HOW OFTEN TAKEN	START DATE

**MEDICATION ALLERGIES**

NAME OF MEDICATION	YES	NO	TYPE OF REACTION AND WHEN
Penicillin			
Sulfa			
Iodine			
Other			

**HABITS**

**TOBACCO**

Do you smoke now? \_\_\_\_\_ If yes, for how long? \_\_\_\_\_ How many cigarettes per day? \_\_\_\_\_

If you do not smoke now, did you smoke in the past? \_\_\_\_\_

If so, when did you Start? \_\_\_\_\_ Stop? \_\_\_\_\_ How many cigarettes per day? \_\_\_\_\_

per day? \_\_\_\_\_

**ALCOHOL**

How many alcoholic beverages do you drink per day? \_\_\_\_\_

**CAFFEINE**

**PERSONAL HISTORY**

Where were you born? \_\_\_\_\_ How long have you lived in California? \_\_\_\_\_

Have you lived or travelled outside the U.S.? \_\_\_\_\_ When: \_\_\_\_\_ Where: \_\_\_\_\_

What type of work do you do on a daily basis (e.g. desk work, house cleaning, gardening, heavy manual labor, etc.)? \_\_\_\_\_

Are you married?: \_\_\_\_\_ For how long? \_\_\_\_\_ Have you any children? \_\_\_\_\_ How many? \_\_\_\_\_

**FAMILY HEALTH**

Please give the following information about the health of your immediate family:

RELATION	Age	Age at Death	STATE OF HEALTH OR CAUSE OF DEATH	Colon Cancer or Polyps
MOTHER				
FATHER				
BROTHERS				
AND				
SISTERS				
SPOUSE				
CHILDREN				

Have any blood relatives ever had any of the following? (If so, indicate relationship).

Diabetes: \_\_\_\_\_ Cancer: \_\_\_\_\_ High blood pressure: \_\_\_\_\_

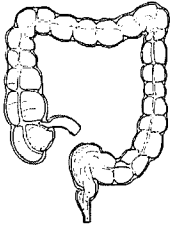
Rheumatoid arthritis: \_\_\_\_\_ Blood disease: \_\_\_\_\_ Any obscure or unusual disease: \_\_\_\_\_

Tuberculosis: \_\_\_\_\_ Allergies: \_\_\_\_\_ Psychiatric disease or nervous breakdown: \_\_\_\_\_

Gout: \_\_\_\_\_ Alcoholism: \_\_\_\_\_ A disease which "runs in the family": \_\_\_\_\_

Lung Disease: \_\_\_\_\_ Asthma: \_\_\_\_\_ Hay fever: \_\_\_\_\_





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## FEMALE Review of System

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Constitutional Normal

Y  N Fever

Y  N Chills

Y  N Feeling Poorly (Malaise)

Y  N Feeling Tired (Fatigue)

Y  N Recent Weight Gain ( \_\_\_\_\_ lbs)

Y  N Recent Weight Loss ( \_\_\_\_\_ lbs)

### Cardiovascular Normal

Y  N Chest Pain

Y  N Palpitations

Y  N Heart Rate is Fast

Y  N Heart Rate is Slow

Y  N Claudication (Leg Pain with Exercise)

Y  N Lower Ext Edema

### Respiratory Normal

Y  N Shortness of Breath

Y  N Wheezing

Y  N Cough

Y  N Dyspnea (Shortness of Breath - SOB)

Y  N Orthopnea (Shortness of Breath while lying flat)

Y  N PND (Sudden Onset of SOB While Sleeping)

### Gastrointestinal Normal

Y  N Abdominal Pain

Y  N Vomiting

Y  N Constipation

Y  N Diarrhea

Y  N Heartburn

Y  N Melena (Black Stool)

### Genitourinary Normal

Y  N Dysuria (Painful Urination)

Y  N Incontinence

Y  N Pelvic Pain

Y  N Dysmenorrhea (Painful Periods)

Y  N Vaginal Discharge

Y  N Abn Vaginal Bleeding

### Integumentary Normal

Y  N Skin Lesions

Y  N Rash

Y  N Itching (Pruritus)

Y  N Change In A Mole

Y  N Dry Skin

Y  N An Unusual Growth

### Neurological Normal

Y  N Confused

Y  N Convulsions

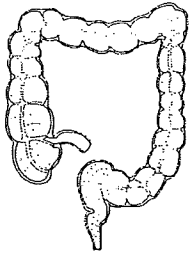
Y  N Dizziness

Y  N Fainting (Syncope)

Y  N Limb Weakness (Paresis)

Y  N Difficulty Walking

Other Symptoms: \_\_\_\_\_



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**Keith A. Beiermeister, MD**  
FACS

## INSURANCE WAIVER

I have been informed that:

  X   It is my responsibility to verify that Dr. Worsey/Dr. Beiermeister are in fact contracted providers with my insurance plan. (Tax ID: 330966940)

  X   Dr. Worsey/ Dr. Beiermeister are not contracted with Medi-Cal insurance. I am aware Medi-Cal will NOT be billed. (If I have Medi-Cal, I am personally responsible for paying any balance not paid by my primary insurance.

       My insurance identification card is not available; it is my responsibility to provide correct and accurate insurance information to my doctor. If I do not provide the necessary information, I understand I will be responsible for payment.

       I am using my POS/PPO option of my insurance plan.

       I am a self-pay patient for my visit(s).

I understand that due to the reason provided above, my insurance may:

- a) Not pay anything.
- b) Pay at a lesser percentage.
- c) Take out a deductible (for services provided by my physician or for any lab tests ordered from an outside lab).

As out of network insurance coverage varies greatly from plan to plan it is impossible for us to determine what your level of coverage will be. We strongly recommend you call your insurance and ask them directly. The service and procedure codes can be given to you to help in this. We also recommend you get a specific dollar amount based upon the information we provide, preferably in writing. We will help you with this so that there are no surprises when your insurance company determines your benefits.

I understand that I am responsible for payment of any services provided.

PATIENT NAME (print) \_\_\_\_\_

PATIENT SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

# PATIENT CONTACT INFORMATION CONSENT FORM

For The office(s) of:  
Medical Group/Physician Name: San Diego Colon and Rectal Surgeons  
Address: 9834 Genessee Avenue, Ste 201 La Jolla, CA 92037  
Phone Number: 858-558-2272

In general, the HIPAA privacy rule gives individuals the right to request restrictions on uses and disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communications or alternative means of communicating PHI, such as sending correspondence to the individual's office instead of their home.

I wish to be contacted in the following manner **(please check all that apply)**.

**Home/Cell phone:**

- Authorized to leave a detailed message on home/cell phone \_\_\_\_\_
- Authorized to leave a message with call back number only \_\_\_\_\_

**Work:**

- Authorized to leave a detailed message on work phone \_\_\_\_\_
- Authorized to leave a message with call back number only \_\_\_\_\_

**Written Communication:**

- Ok to mail to my home address \_\_\_\_\_
- OK to mail to my work/office address \_\_\_\_\_
- OK to fax to \_\_\_\_\_
- Other \_\_\_\_\_

I hereby consent to the release of Protected Health Information to the following individuals. I understand this authorization will be in effect until which time it is revoked.

<u>Name</u>	<u>Relationship</u>
_____	_____
_____	_____
_____	_____
_____	_____

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Birth Date

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*Keith A. Beiermeister, MD*  
**FACS, FASCRS**

## CANCELLATION & NO SHOW POLICY

Because our practice has become very busy our patients are having to wait increasing lengths of time for appointments. Unfortunately, this problem is exacerbated when patients cancel their appointment on the day they are to be seen or simply fail to show up without informing us.

In an attempt to accommodate our patients we are therefore instituting a cancellation/no-show policy as follows:

**Cancellations or rescheduling of appointments must be done 24-business hours prior to your scheduled appointment so that we can try to use that appointment to see another patient.**

For example, a Wednesday appointment would need to be canceled or changed on Tuesday and a Monday appointment would need to be canceled or changed on the preceding Friday.

If this policy is not followed then a \$50 no show/cancellation fee will be required before another appointment can be made. We understand there are genuine unforeseen emergencies and will amend this policy on a case-by-case basis.

This policy is designed to serve our patients better by allowing them to be seen as soon as possible.

I have read and understand the above cancellation policy

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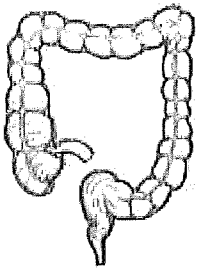
(SIGNATURE)

(DATE)



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Keith A. Beiermeister, MD  
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## FLEXIBLE FIBEROPTIC SIGMOIDOSCOPY

A flexible fiberoptic sigmoidoscopy is a diagnostic examination which permits visualization of the last two feet of the intestinal tract. The extent of anorectal problems can be better assessed with this screening tool.

A flexible fiberoptic sigmoidoscopy is much more comfortable than in the past when more rigid scopes were used. Preparation for the examination is quite simple; administer one Fleet's enema two hours before travel time to the office followed by one Fleet's enema taken one hour prior to travel time. It is **NOT** necessary to alter your diet the day before, or on the day of your examination. It is important **NOT** to take additional laxatives in an attempt to better clean the colon.

The sigmoidoscope is introduced into the anus. A small amount of air is insufflated into the colon in order to facilitate visualization of the intestinal lining. This occasionally causes some mild cramps and a feeling of urgency (similar to that sometimes experienced prior to a bowel movement). This examination is typically completed in less than five minutes and does not commonly cause pain. If an abnormality is found, a biopsy can sometimes be obtained through the sigmoidoscope. Since there are no pain fibers in the intestinal tract, there is no discomfort associated with a biopsy.

The instrument is compulsively cleaned between examinations, and there is virtually no chance of transmission of communicable diseases. A small potential for bleeding or perforation does exist; however, in more than 20 years of practice, this has not occurred.

## CONSENT FOR EXAMINATION AND TREATMENT

I have read and understand the above information. I consent to proceed with the understanding that I will have the opportunity to ask my doctor any questions regarding this procedure before, during, and after the examination.

I hereby authorize my doctor to perform a consultation and examination which may include an endoscopic evaluation of the anus, rectum, and left side of the colon. Further, I authorize biopsy and/or removal of any abnormalities that are encountered during the endoscopic evaluation.

THIS CONSENT SHALL REMAIN IN EFFECT FOR SUBSEQUENT VISITS FOR **ONE YEAR** FROM THE DATE OF SIGNATURE

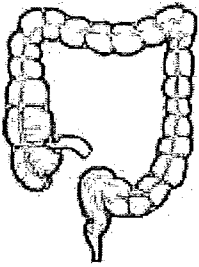
\_\_\_\_\_  
Patient Name (*Please Print*)

\_\_\_\_\_  
Patient Signature (*Please sign in presence of office staff*)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date



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## Acknowledgement of Receipt of Notice of Privacy Practice

I, \_\_\_\_\_, have received a copy of San Diego Colon and Rectal Surgeons Notice of Privacy Practices.

\_\_\_\_\_  
Signature of patient

\_\_\_\_\_  
Date